

Saturday, March 13th

So. Cal Cup Regatta @ Long Beach Marine Stadium

6:00am SHARP—All **PARTICIPATING** athletes must arrive at the Marine stadium, **DO NOT BE LATE!**

6:15am—Rig Boats

7:00am to 2:30pm—Racing, de-rigging, and trailer loading

3:00pm—Finish Loading trailer athletes are excused

To Marine Stadium from the 405 North or South

1. Exit onto **7th Street / 22 West**
2. Take the **Studebaker Road exit**, bear left
3. Turn left onto Studebaker at the light
4. Head south on Studebaker until it dead ends. This is Westminster / 2nd Street.
5. **Turn right onto Westminster**, and continue straight, crossing Pacific Coast Hwy, staying in the right lane.
6. Once you've reached the 2nd St. Bridge, take the **Appian Way exit**
7. Turn left onto **Appian Way** at the bottom of the ramp.
8. Proceed up Appian Way in the right lane until you reach the entrance to the Marine Stadium.

Some additional information is available at: <http://www.longbeachrowing.org/about/directions-map>