

The NAC Junior Crew opened its Spring racing season last weekend on February 13<sup>th</sup> in Long Beach at the inaugural "Southern California Novice Regatta." The regatta's primary focus was on providing positive race experiences for all the new (or novice) rowers and to allow a few Varsity athletes to practice racing in their sculling boats. Being the first time that most of the boats had raced together, it was a great opportunity to work on blending together under pressure and to work out the "kinks" of learning how to race. The event was well organized and without any major delays (quite an accomplishment for a novice regatta!) all the racing had been completed by the early afternoon. The NAC squad had a very successful weekend, finishing highly in all the events they entered and winning more than just their share of races. The entire team will be in action again on February 28<sup>th</sup> hosting Marin (from Greenbrae,CA) and Marina Aquatic Center for our first ever home regatta on Newport Harbor.