

# NEWPORT AUTUMN ROWING FESTIVAL

SUNDAY 1ST NOVEMBER 2009

<b>NO.</b>	<b>EVENT NAME</b>	<b>START TIME</b>
1	Men s Open Single	7:15 AM
2	Men s Junior Single	
3	Men s Lightweight Single	
4	Men s Master Single	
5	Men s Lightweight Master Single	
6	Women s Open Single	7:30 AM
7	Women s Lightweight Single	
8	Women s Master Single	
9	Women's Junior Single	
10	Women s Master Lightweight Single	
11	Men s Open Eight	8:00 AM
12	Men s Master Eight	
13	Women s Open Eight	8:15 AM
14	Women s Master Eight	
15	Men s Junior Eight	8:30 AM
16	Women s Junior Eight	
17	Men s Master Four with Coxswain	8:45 AM
18	Women s Master Four with Coxswain	
19	Men s Open Double	9:00 AM
20	Men s Master Double	
21	Women s Open Double	
22	Women s Master Double	
23	Men s Lightweight Eight	9:15 AM
24	Men s Frosh/Novice Eight	
25	Women s Lightweight Eight	9:30 AM
26	Women s Junior Lightweight Eight	
27	Women s Frosh/Novice Eight	
28	Men s Junior Novice Eight	9:50 AM
29	Women s Junior Novice Eight	
30	Men s Open Four with Coxswain	10:00 AM
31	Women s Open Four with Coxswain	
32	Men s Open Quad	10:15 AM
33	Men s Master Quad	
34	Women s Open Quad	
36	Women s Master Quad	
37	Men s Junior Four with Coxswain	10:40 AM
38	Women s Junior Four with Coxswain	
39	Mixed Open Double	11:00 AM
40	Mixed Masters Double	

## General Regatta Information

### ***Introduction***

We would like to thank all of last year's participants for helping create an exciting and successful regatta, and we look forward to your participation in the 2009 Newport Autumn Rowing Festival (NARF).

### ***Categories***

- Novices may not have rowed before 01 January 2009.
- Masters must be at least 21 years of age by 31 December 2009.
- Masters shall receive handicaps derived from the handicap standards established by the United States Rowing Association.
- Juniors must be 18 years of age or under as of 31 December 2009.
- Lightweight is defined as a maximum weight of 165 pounds for men and 135 pounds for women. No averaging. No weigh-ins.
- The Race Committee reserves the right to cancel an event due to lack of entries.

### ***Entry Deadline***

All entries must be postmarked by **Friday 23 October 2009**. Day of race entries will **NOT** be accepted. Entries postmarked after Friday 23 October 2009 must include a \$25 late fee. Entries scratched after Friday 23 October 2009 will be assessed a \$10 scratch fee.

### ***Entry Fees***

Entry fees are as follows: **\$165 for eights, \$95 for fours and quads, \$50 for doubles and \$35 for singles**. Event insurance is included in the entry fee. Checks for entry fees should be made payable to "**Newport Aquatic Center**". Entry fees should accompany entry forms and be returned to:

2009 Newport Autumn Rowing Festival  
Newport Aquatic Center  
One Whitecliffs Drive  
Newport Beach, CA 92660

### ***Entry Form and Waiver***

**One entry form should be completed for each boat entered.** If a team is entering more than one boat in a given event, be sure to designate as "A" or "B" boats. Each competitor must sign the Release and Waiver of Liability and Indemnity Agreement. If the competitor is under 18 years of age, the parent or legal guardian must sign the Release and Waiver of Liability and Indemnity Agreement. Please make additional copies of Entry Form and Waiver, as necessary.

### ***Check-in***

Participants and teams may check in at the Newport Aquatic Center from 4:00 p.m. to 6:00 p.m. on Saturday 31st October 2009, and from 6:00 a.m. to 7:30 a.m. on Sunday November 1<sup>st</sup> 2009. All participants must be checked in by 7:30 a.m. on race day.

## General Regatta Information

(continued)

### ***Coach/Coxswain/Sculler Meeting***

No meeting for coaches, coxswains and scullers this year. Any questions or concerns can be addressed at check-in on either Saturday or Sunday.

### ***Awards***

First place commemorative medals will be awarded to the winning crews in each event. Certain sponsored events will be awarded perpetual trophies.

### ***Boat Storage***

Crews should plan on launching from the Newport Aquatic Center, unless other arrangements have been made with UCI or OCC. Security will be provided at NAC on the night before the race. No indoor storage is available at the NAC. As a reminder, please bring your own slings.

### ***Parking***

There will be **NO PARKING OR DROP OFF** in the Newport Aquatic Center lot EXCEPT for team vans. Parking is available in the surrounding neighborhood. Please be prepared for a short walk to the racecourse and plan ahead if bringing supplies.

### ***Food and T-Shirts***

A continental breakfast and official regatta t-shirts will be available for purchase during the regatta. *In 'W' Out* lunch tickets may be purchased in advance (see Lunch Tickets Form) or at the regatta. The cost is a flat fee of \$8 per person if purchased in advance or \$9 per person at the event.

### ***Courtesy***

The Newport Aquatic Center is located in a ***residential*** neighborhood. We ask that you ***respect the privacy of our neighbors by keeping the noise down and not blocking driveways!***

### ***For More Information***

Contact Kate Mead at the NAC at 949.646.7725 (phone), 949.646.8390 (fax), or EMAIL [newportaquaticcenter@gmail.com](mailto:newportaquaticcenter@gmail.com) (subject: NARF)

### ***Directions to the Newport Aquatic Center***

- From the 405 freeway in Costa Mesa, take the 55 freeway South until it becomes Newport Blvd.
- Continue South on Newport Blvd.
- Left on 17<sup>th</sup> Street
- Left on Dover Drive
- Right on Westcliff Drive
- Right at the stop sign (still Westcliff Dr.)
- Right on Santiago Drive
- Left on Polaris Drive
- Right on Northstar Lane
- Left on Whitecliffs Drive

Note: Once you reach Dover Drive, blue and white signs will help guide you to NAC.

## Race Information

**Please see course map for layout of racecourse.**

### ***Race Course***

The Race Course starts at the bridge at the west end of Lido Island and proceeds east around the southern side of Lido Island. At the eastern end of Lido Island, the course abruptly turns to the north (port) towards the PCH Bridge. **Coxswains beware; many crews have missed this turn in years past.** Once around the turn, crews are directed to race through the right-most arch of the PCH Bridge into Upper Newport Bay. No passing is allowed under the bridge. Approximately 400m past the PCH Bridge the course turns to the right (starboard), straightens out for 500m, and then turns to the left (port) with 200m to go to the finish line at NAC. **Row past the finish line and do not turn around until past the final buoy.** See website link for course map. A detailed map will be available at the Aquatic Center. Total Distance: 2.7 miles (4,400 m).

### ***Traffic Pattern***

When departing the Newport Aquatic Center, **ALWAYS** keep to the right. **Crossing a buoy line** into oncoming boat traffic will result in **immediate disqualification**. When heading towards the starting line, cross under the PCH Bridge through the middle arch, then follow the buoys to the starboard (right hand) shore, rowing between the shore and moored pleasure craft. No passing is allowed under the bridge. Once in the main channel of the harbor, follow a counter-clockwise course to warm up before heading to the starting line at the west end of the main channel.

### ***Bow Balls and Competitor Numbers***

No shell may be launched without a bow ball. At registration, each crew will be given competitor numbers and a paper bow number. **Participants are responsible for providing their own plastic bow card.** The competitor numbers are to be worn by the bow person and the coxswain.

Congratulations to last year's winners, and good luck defending your titles. The Race Committee, the members and staff at the Newport Aquatic Center would like to thank all the crews for their participation and cooperation in making this the finest Newport Autumn Rowing Festival ever. We look forward to seeing you on November 1st. Good Racing!

# Newport Autumn Rowing Festival

Sunday 1 November 2009

## Entry Form

Event No. \_\_\_\_\_ Event Name \_\_\_\_\_

Crew Name or Club \_\_\_\_\_

- Include "A" or "B" designation if entering more than one boat in an event.
- **Use one form per boat.** Please print or type competitor's names.
- Age is required for Masters. Please use your age as of December 31, 2008.

<i>Seat</i>	<i>First Name</i>	<i>Last Name</i>	<i>Age</i>
Cox	_____	_____	_____
8	_____	_____	_____
7	_____	_____	_____
6	_____	_____	_____
5	_____	_____	_____
4	_____	_____	_____
3	_____	_____	_____
2	_____	_____	_____
1	_____	_____	_____
Sculler	_____	_____	_____

**Average Age of Crew (Masters only)** \_\_\_\_\_

(Round down, e.g. 42.7 = 42 years)

**Contact Person** \_\_\_\_\_ **Phone (day)** \_\_\_\_\_  
**Address** \_\_\_\_\_ **Phone (eve)** \_\_\_\_\_  
 \_\_\_\_\_ **Fax** \_\_\_\_\_  
 \_\_\_\_\_ **Email** \_\_\_\_\_

**All entries must be postmarked by Friday October 23rd, 2009.**

**Entry Fees:** \$165 for eights  
 \$95 for fours/quads  
 \$50 for doubles  
 \$35 for singles

**Send entry forms and make checks payable to:**  
 Newport Aquatic Center  
 One Whitecliffs Drive  
 Newport Beach, CA 92660  
 ph (949) 646-7725 fax (949) 646-8398



# Newport Autumn Rowing Festival

## *IN-N-OUT Tickets Order Form*

Beginning at approximately 11:00am on Race Day, we will be offering an *In 'N' Out* lunch for all athletes and spectators. Finish up a great day of racing with good food, music and the Awards Ceremony.

Lunch will include an *In 'N' Out* Burger, chips and a drink.

*Cost:* \$8/person if purchased in advance or \$9/person the day of the event.

We would greatly appreciate advance ticket purchase!

**Name:** \_\_\_\_\_

**Team/Club:** \_\_\_\_\_

**Contact Number:** \_\_\_\_\_

Number of Tickets: \_\_\_\_\_ x \$8 each = \$ \_\_\_\_\_

\*Please make checks payable to "Newport Aquatic Center" and return to:

Newport Aquatic Center  
1 Whitecliffs Drive  
Newport Beach, CA 92660

Please call Kate at 949-646-7725 with any questions.

\*All pre-purchased tickets will be included in your race packet to be picked up at registration.